Biofeedback — An Adjunct Tool in Optimal Patient Care

Webinar Presented by: Cognitive Behavior Therapy Institute Tuesday, January 24, 2016 Noon - 1:30pm Signup online at: www.cognitivebehaviorassociates.com



Megan Wagner, PhD, BCB will provide an overview of biofeedback (BFB) within the framework of treatment planning, and as an adjunct tool for clinicians working with clients suffering from chronic pain,

hypertension, migraines, depression, and anxiety disorders.

Participants will learn:

- The theoretical underpinnings of BFB
- How specific populations interface with the technology
- Integration of BFB into treatment planning and patient care

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