

Cognitive Behavior Therapy Institute

**Rebuilding Intimacy Through
Acceptance
Integrative Behavioral Couples Therapy**
Friday, January 19, 2018
11am - 12:30pm

Register for live or recorded Webinar at:
www.cognitivebehaviorassociates.com



Couples often struggle with navigating differences and initiating positive behavioral changes in their relationship. Andrew Christensen, Ph.D., clinical psychologist and professor emeritus at the University of California, Los Angeles (UCLA) will discuss Integrative Behavioral Couples Therapy (IBCT) and how it works towards the twin goals of acceptance and change through a behavioral treatment framework.

This workshop is designed to help you:

1. Distinguish IBCT from Traditional and Cognitive Behavioral Couples Therapy
2. Conceptualize themes and patterns in relationships
3. Understand IBCT strategies for resolving conflict and building intimacy



Cognitive Behavior Therapy Institute (CBTI) is approved by the American Psychological Association to sponsor continuing education for psychologists. CBTI maintains responsibility for this program and its content.

Joel L. Becker Ph.D., Founder and Director



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