

**Now Available on CD**

# **BIPOLAR DISORDER WHAT CBT HAS TO OFFER**

Presented by **Joel L. Becker, Ph.D.**

**29.95**

with 1.5 CE Credits Certificate

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**Joel L. Becker, Ph.D. (CA#PSY11680)**

Dr. Becker is an Associate Clinical Professor in the Department of Psychology at UCLA and an Assistant Clinical Professor, David Geffen School of Medicine, UCLA. Has has over 30 years experience working in CBT. Dr. Becker has lectured nationally and internationally on CBT and is considered a lively and engaging presenter. Dr. Becker is the founder and director of both the Cognitive Behavior Therapy Institute and Cognitive Behavior Associates.

Dr. Becker presents an overview of the current CBT treatments for Bipolar Disorder. CBT has been shown to be an effective adjunctive treatment for patients with this disorder.

The teleseminar that was presented on December 12th, 2008, is now available on CD for home study to receive professional CE credits. This teleseminar is also available for general public.

## **Learning Objectives:**

1. Understand the role of CBT in adherence to medication
2. Increase knowledge in the area of behavior management of symptoms
3. Awareness of cognitive strategies for Bipolar patients

**For more information or to order:**

**Please call (310) 858 3831 (ext. 7)**

**or visit our website**

**[www.cognitivebehaviorassociates.com](http://www.cognitivebehaviorassociates.com)**

The Cognitive Behavior Therapy Institute (CBTI) is approved by the American Psychological Association to sponsor continuing education for psychologists. CBTI maintains responsibility for this program and its content.

Course meets the requirements for 1.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. PCE 4176.

This seminar is intended for doctoral level psychologists, physicians and terminal level master degreed clinicians who have completed their own programs of study.

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