

## **CURRICULIM VITAE**

**FLORA ZAKEN-GREENBERG, PH.D.  
LICENSED PSYCHOLOGIST  
LICENSE NO.: FL PY0003863  
CA PSY30418**

**Diplomate, Academy of Cognitive & Behavioral Associates  
(310)-858-3831 Ext 102**

### **EDUCATION**

#### **1987 - Post Doctoral Fellowship**

Post Doctoral Fellowship in Cognitive Therapy at the Center for Cognitive Therapy in the Department of Psychiatry, University of Pennsylvania, Philadelphia, Pa. 19104. Supervised by Aaron T. Beck, M.D. Training experiences included individual, marital and family cognitive behavioral psychotherapy and diagnostic assessment with an outpatient population.

#### **1986 - Post Doctoral Fellowship**

Post Doctoral Fellowship in Neuropsychology, Department of Psychiatry and Neurology at the Eastern Pennsylvania Psychiatric Institute at the Medical College of Pennsylvania, Philadelphia, Pa. 19104. Training experiences included neuropsychological and personality assessment with adult and adolescent psychiatric and neuropsychological patients, both inpatient and outpatient.

#### **1985 - Ph.D.**

Counseling Psychology (APA approved) at the University of Florida, Gainesville, Fl. 32611. Therapeutic orientations included cognitive-behavioral, personal construct and structural family modalities with adult, adolescent, and child populations. Specializations included individual, family and group therapy, sex therapy (orientation, abuse, perversion, and dysfunction), and psychodiagnostic assessment for both inpatient and outpatient populations.

#### **1985 - Clinical Internship**

APA approved clinical internship at the VA Medical Center, Gainesville, Fl. 32611. Training experiences included individual and group psychotherapy with adult psychiatric inpatient and outpatient populations, individual and group therapy with adults in an alcohol dependence treatment program, PTSD group for combat veterans, medication compliance training groups, family therapy, group family therapy for brain

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injured patients; marital and sex therapy, sexual adjustment in cardiac patients, behavioral medicine; health psychology; psychodiagnostic and neuropsychological assessment and consultation; psychotherapy with children and adolescents (Children's Diabetes Unit at Shands Teaching Hospital).

### **1980 - M.A.**

General Experimental Psychology at Florida Atlantic University, Boca Raton, Fl. 33431. Specialization in developmental psychology and children's memory.

### **1977 - B.A. with Honors**

General Experimental Psychology at Florida Atlantic University, Boca Raton, Fl. 33431. Research in developmental and perceptual psychology.

## **ACADEMIC HONORS AND AWARDS**

**1978 - University Fellowship for Scholastic Achievement**, Florida Atlantic University, Boca Raton, Fl. 33431

**1981 - Phi Beta Kappa**, Graduate division, University of Florida, Gainesville, Fl. 32611

**1984 - Dissertation Fellowship**, University of Florida, Gainesville, Fl. 32611

**2017 – Literary Classics Literary Book Award – Gold for Health/Self-Esteem:**

2016. Coby Ryan Harris is Officially Fat. Guardian Angel Publishing, Inc.

## **CLINICAL EXPERIENCE AND STAFF POSITIONS**

### **January 2020 – Present**

**Director of Children and Adolescent Services** - Cognitive Behavior Associates. Responsibilities include CBT with children ages 5-12, adolescents ages 13-19, and adults ages 20-geriatric. Specializations include anxiety disorders, depression, OCD, impulse control disorders, ADHD, PTSD, LGBTQ and family and relationship issues within individual, couple/marital and family therapy.

### **July 1987 – December 2019**

**Clinical Director** - Florida Center for Cognitive Therapy, Inc. Responsibilities include CBT with individual, marital, family and group therapy. Specializations include depression, anxiety, ADHD, LGBTQ issues, grief, coping with chronic and terminal illnesses, personality disorders, PTSD, crisis debriefing, and organizational/industrial consultation and training. All CBT therapy provided based on a foundation of

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empowerment. Background (1997-2010) in diagnostic and personality testing and neuropsychological assessments for both inpatient and outpatient populations (child, adolescent and adult)

**February 1991 - July 2007**

**Consulting Psychologist** - Help A Child, Inc. (Formerly Suncoast Child Protection Team, Inc.). Responsibilities included psychological evaluations for child abuse and neglect (with both victims and perpetrators), consultations with collateral professionals and DCF/PCSO staff, and court testimony.

**January 1994 - July 2007**

**Co-Director of Psychological Services** - Help A Child, Inc. Quality assurance for psychological consultants and review of psychological evaluations, and staff training.

**February 1991 - April 1992**

**Board of Directors** - Alternative Human Services (Family Resources, Inc.)

**April 1989 - September 1989**

**Center Director** - American Biodyne. Responsibilities included supervision of all clinical staff, office management, consultation, outpatient and inpatient psychotherapy with children, adolescents and adults, individual, group, and family therapy and diagnostic assessment.

**April 1989 - August 1990**

**Consulting Psychologist** - Family Service Centers. Responsibilities included outpatient psychotherapy, diagnostic and personality assessment for children, adolescents and adults. EAP management and consultation and supervision of clinical staff.

**November 1987 - April 1989**

**Director of Psychological Services** - Family Service Centers. Responsibilities included developing and establishing a program of psychological services including outpatient psychotherapy, diagnostic and personality assessment of children, adolescents and adults, supervision and training of staff and consultation. Diagnostic consultation and supervision with the SAFE Center (evaluation and treatment of sexually abused children).

**October 1985 - January 1986**

**Educational Coordinator** - Center for Cognitive Therapy, Director: Aaron T. Beck, M.D. University of Pennsylvania. Responsibilities included coordinating educational materials for staff, post-doctoral fellows and trainees, review and evaluation of videotapes of cognitive therapy sessions, participation in an ongoing anxiety seminar, and liaison between the Center and professional community.

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### **August 1982 – April 1985**

**Instructor** - University of Florida. Weekly seminar in family therapy, training and research for advanced undergraduate students.

### **August 1979 - August 1981**

**Research Associate** - (Full Time) with Dr. James Bryan at Northwestern University on the study of Social Awareness and Integration Tactics of Learning Disabled Children.

### **September 1977 - April 1979**

**Research Assistant** - (Full Time) to Dr. Howard Hock on the study of Alternative Modes of Processing and Utilization of Visual Concepts.

### **June 1977 - September 1977**

**Research Assistant** - (Full Time) to Dr. David Bjorklund on the study of Children's Cued Retrieval and the Structure of Semantic Memory.

## **PUBLICATIONS AND PAPER PRESENTATIONS**

Bjorklund, D., & Zaken-Greenberg, F. (1981). The effects of differences in classification style on preschool children's memory. Child Development, 54, 888-894.

Bryan, J.H., Sonnefeld, L.J., & Zaken-Greenberg, F. (1984, August). Self-disclosure, disclosure flexibility, and counselors' perceptions of adjustment and attraction. Paper presented at the 92<sup>nd</sup> Annual Convention of the American Psychological Association, Toronto, Canada.

Freeman, A., & Zaken-Greenberg, F. (1989). A Cognitive Behavioral Approach. In C.R. Figley (Ed). Treating Stress in Families. New York, Brunner/Mazel.

Greenberg, M.S., & Zaken-Greenberg, F. (1992). Cognitive Therapy with Children - Theory and Technique. Paper presented at the Sweden Cognitive Therapy Conference, Malmo, Sweden (October, 1992).

Klein-Higger, J. & Zaken-Greenberg, F. (2016). I Have a Voice. Guardian Angel Publishing, Inc.

Klein-Higger, J. & Zaken-Greenberg, F. (2016). Coby Ryan Harris is Officially Fat. Guardian Angel Publishing, Inc.

Neimeyer, G.J., & Zaken-Greenberg, F. (1988). Social-Cognitive Schemas in Interpersonal Relationships. International Journal of Personal Construct Psychology.

## **Flora Zaken-Greenberg, Ph.D. - Vitae - Page Five**

Zaken-Greenberg, F., & Neimeyer, G.J. (1984). Assessing structural family therapy training: A personal construct approach. Paper presented at the First North American Personal Construct Network Conference, Cincinnati, Ohio.

Zaken-Greenberg, F. (1986). Review of Handbook of Depression: Treatment, assessment and research. Journal of Psychotherapy and the Family. (2(¾)), 185-186.

Zaken-Greenberg, F. (1986). Review of Handbook of Depression: Treatment, assessment and research. In A. Freeman, N., Epstein & K.M. Simon (Eds.). Depression in the Family, New York: The Haworth Press.

Zaken-Greenberg, F., & Neimeyer, G.J. (1989). The impact of structural family therapy training on conceptual and executive therapy skills: A follow-up. Paper presented at the University of Florida.

Zaken-Greenberg, F. (2012). Marriage and Relationships: A collection of empowerment statements. Florida: FCCT Press.

Zaken-Greenberg, F. (2012). All About Molly: Coping with Change. Florida: FCCT Press.

## **TEACHING EXPERIENCE**

### **August 1981 - August 1984**

**Instructor - University of Florida**, courses taught include:

Introduction to Psychology

Abnormal Psychology

Personal Growth

Stress Management

Graduate Seminar in Sex Therapy

Graduate Seminar in Cognitive-Behavioral Therapy

### **July 1993 - August 1994**

**Instructor - Mease Hospital**: Twice weekly training and supervision of nursing and social work staff in conducting group therapy for an inpatient population.

**CLINICAL SPECIALIZATIONS**

**Therapeutic Orientation:** Cognitive-Behavioral, Structural Family Systems, Personal Construct Therapy

**Populations Served:** Children (age 6-12), Adolescents (13-19), Adults (20-85+), Marital, Family

**Clinical Areas of Expertise**

Women's Issues  
Sexual Orientation, Sexual Dysfunction, Rape/Incest Intervention  
LGBTQ Issues  
Depression and Mood Disorders  
Anxiety and Panic Disorder  
ADHD in children and adults  
Coping skills for Management and Workplace Issues  
Geriatric Counseling  
Grief Counseling  
Coping with Chronic Illness and Terminal Illness  
Post Traumatic Stress Disorder (Military and non-Military)  
Stress Management and Coping Skills