

Greg Stanford, Psy.D.

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CURRENT POSITIONS

2017 – Present: Associate Clinical Director, Cognitive Behavior Associates
Director, Cognitive Behavior Associates SGM Program
Associate Director, Cognitive Behavior Therapy Institute
Beverly Hills, California

2021 – Present: Assistant Clinical Professor, University of California, Los Angeles (UCLA),
Department of Psychology, Los Angeles, California

LICENSURE & CERTIFICATIONS

2019 - Present: Diplomate & Certified CBT Therapist, Academy of Cognitive & Behavioral
Therapies (A-CBT)

2014 - Present: Psychologist, State of California, PSY 26271

EDUCATION & TRAINING

2012 – 2013: Post-Doctoral Internship Registered Psychologist, Ocean Park
Community Center, Dual Diagnosis Clinician and Clinical Services
Coordinator, Santa Monica, California
Supervisor- Alison Peters, Psy.D.

2010 – 2011: Psychological Assistant, Klean Treatment Center, West Hollywood,
California
Supervisor- Helene O'Mahony, Ph.D.

2008 – 2009: Pre-Doctoral Internship in Clinical Psychology, Life Skills Treatment
Program, San Fernando, California

2007 – 2008: Pre-Doctoral Internship in Clinical Psychology, San Fernando Valley
Community Mental Health Center, Van Nuys, California

2006 – 2007: Mental Health Practicum Trainee, Los Angeles LGBT Center, Los
Angeles, California

2005 – 2009: Psy.D. in Clinical Psychology, California School of Professional
Psychology, Alhambra, California
Doctoral Project- A Gay Affirmative Perspective on Sexual Reorientation
Attempts: Client Considerations and Therapeutic Suggestions
Chair- Judith Holloway, Ph.D.

2005 – 2007: Master of Arts in Clinical Psychology, California School of Professional
Psychology, Alhambra, California

1997 – 2001: Bachelors of Science, International Business, Azusa Pacific University, Azusa, California

PRIOR CLINICAL POSITIONS

2014 – 2020: Private Practice Psychologist, Arcadia, California

2015 – 2018: Staff Psychologist, New Day Group Psychotherapy, Westminster, California

2014 – 2015: Staff Psychologist, Rebos Treatment Center, Los Angeles, California

2001 – 2011: Group Rehabilitation Specialist, Hillside Home for Children, Pasadena, California

AWARDS AND HONORS

2008: Scholarship Award, San Fernando Valley Community Mental Health Center; \$1000

2001: Graduated Cum Laude with University Honors

PROFESSIONAL AFFILIATIONS

Member Association of Behavior and Cognitive Therapies
Addictive Behaviors SIG
Sexual and Gender Minorities SIG

Member World Professional Association for Transgender Health (WPATH)

Member American Psychological Association
Division 44 (Society for the Psychology of Sexual Orientation and Gender Diversity)
Division 56 (Trauma Psychology)

PRESENTATIONS, PUBLICATIONS, PAPERS

Stanford, G. S., Puckett, J., Hart, T. A., & Becker, J. L. Sexual and Gender Minority Stress: Pride and Prejudice. Webinar, Cognitive Behavior Therapy Institute, February 4, 2022.

Owens, E. & **Stanford, G. S.** Applying and Understanding Cognitive Processing Therapy as Treatment for PTSD. Webinar, Cognitive Behavior Therapy Institute, August 22, 2020.

Stanford, G. S. & Becker, J. L. How to Deal With Freaky Feelings: Mindfulness and Anxiety Reduction Techniques. Seminar presented at Camp Brave Trails, July 12, 2019.

Stanford, G. S. Transgender Competence in the Therapeutic Setting. Webinar, Cognitive Behavior Therapy Institute, June 20, 2017.

Stanford, G. S. Mental Health in Terminal Illness, Expected Loss, and Grief. Column in the *East San Gabriel Valley Psychological Association Newsletter*, February 21, 2015.

Stanford, G. S. Mental Health and Substance Abuse. Seminar presented at The City of Duarte Community Center, August 16, 2014.

Stanford, G. S. Sexual Diversity. Seminar presented at Ocean Park Community Center, June 2, 2013.

Stanford, G. S. A Gay Affirmative Perspective on Sexual Reorientation Attempts: Client Considerations and Therapeutic Suggestions. Selective Literature Review and Presentation at California School of Professional Psychology, January 14, 2009.

CONFERENCES AND TRAINING

11/21/2021 **Addressing Interpersonal and Systemic Experiences of Minority Stress in Cognitive Behavior Therapy with Sexual and Gender Minority Clients**, ABCT Webinar presented by Jae Puckett, Ph.D. & Colleen Sloan, Ph.D.

11/20/2021 **Implementing Cognitive Behavior Therapy for Adults and College Students with ADHD**, ABCT Webinar presented by Mary Solanto, Ph.D.

11/19/2021 **Promoting Health and Wellness Among Psychology Graduate Students: Considerations and Paths Forward**, ABCT Webinar presented by Stephanie Wells, Ph.D.

11/19/2021 **How to Develop and Optimize Anti-racism Efforts in Research and Clinical Settings: Live Demonstration**, ABCT Webinar presented by Kevin Narine, M.A., Lauren Wadsworth, Ph.D., Colleen Sloan, Ph.D., Stephanie Pinder-Amaker, Ph.D., Amber Calloway, Ph.D. & Jessica LoPresti, Ph.D.

11/19/2021 **Flexible Applications of CBT for Emerging Adults in Crisis: Lessons Learned from a Multimodal Approach to Outreach, Training, and Treatments for Emerging Adults During COVID-19**, ABCT Webinar presented by Mary Solanto, Ph.D.

09/17/2021 **Clinical Supervision in the 2020s: Focus on Telesupervision, the Supervisory Relationship, & Well-Being**, Webinar Presented by Carol Falender, Ph.D., Melodie Schaefer, Psy.D., Olga Belik, Ph.D., Danielle Keenan-Miller, Ph.D., Elena Herrera, Psy.D. & Nancy Crawford, Ph.D., UCLA & California Psychological Association.

06/24/2021 **Transgender Care in Higher Ed Settings**, Online training program presented by UCLA Trans Wellness Team.

01/01/2021 **The Inhibitory Learning Model of Exposure**, Webinar presented by Amanda Loerinc Guinyard, Ph.D., Cognitive Behavior Therapy Institute.

11/21/2020 **Personalizing Treatment to Improve CBT Outcomes**, ABCT Webinar presented by Michelle Crask, Ph.D., Robert Derubeis, Ph.D., Aaron Fisher, Ph.D., Jacqueline Persons, Ph.D. & Greg Siegle, Ph.D.

11/21/2020 **Socratic Dialogue and Collaborative Empiricism: Practical Strategies to Overcome Common Pitfalls**, ABCT Webinar presented by Scott Waltman, Psy.D., Brittany Hall, Ph.D. & Lynn McFarr, Ph.D.

- 06/24/2020* **Substance Use Disorders: Clinical Updates and Resources for Providers**, Webinar presented by Lara A. Ray, Ph.D., UCLA-CAPS.
- 02/08/2020* **Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients**, Presented by UCLA Gender Health Program, Los Angeles, California.
- 11/20/2019* **Addictions from a Cultural Lens**, Presented by Bruce Liese, Ph.D., ABCT Conference, Atlanta, Georgia.
- 11/19/2019* **Expanding Impact: Addressing Co-occurring and Complicated Factors During Evidence-Based Treatments for PTSD**, Presented by Shannon Blakey, Ph.D. & Denise Sloan, Ph.D., ABCT Conference, Atlanta, Georgia.
- 11/18/2019* **How to Apply Cognitive Behavioral Principles to Transgender Care: An Evidence-based Transdiagnostic Framework**, Presented by Colleen Sloan, Ph.D. & Danielle Berke, Ph.D., ABCT Conference, Atlanta, Georgia.
- 11/17/2018* **Mindfulness-Based Interventions in the Treatment of Substance Use Disorders**, Presented by Kate Witkiewitz, Ph.D., ABCT Conference, Washington, D.C.
- 11/15/2018* **Cognitive Processing Therapy for PTSD: Difficult Cases and Disruptions in Therapy**, Presented by Patricia Resick, Ph.D. & Kathleen Chard, Ph.D., ABCT Conference, Washington, D.C.
- 11/09/2018* **Trauma Conceptualization and Treatment: Re-wiring Survival Instincts toward Healing**, Webinar presented by Amanda Gorlick, Ph.D., Cognitive Behavior Therapy Institute.
- 07/30/2018* **Essentials of CBT (10-Hour)**, Online training program presented by Judy Beck, Ph.D., Beck Institute for Cognitive Behavior Therapy.
- 06/19/2018* **Assessment and Treatment Planning for OCD**, Presented by Joel Becker, Ph.D., University of California, Los Angeles.
- 04/15/2018* **Cognitive Behavior Therapy for Irritable Bowel Syndrome (IBS)**, Webinar presented by Jayson Mystkowski, Ph.D., Cognitive Behavior Therapy Institute.
- 03/08/2018* **Cognitive Behavior Therapy for Parent-Child Interaction**, Webinar presented by Lauren Shapero, Ph.D., Cognitive Behavior Therapy Institute.
- 09/05/2017* **Contextual Behavioral Approaches for work with Gender & Sexual Minorities**, Presented by Matthew Skinta, Ph.D., Los Angeles County Psychological Association, Los Angeles, California.
- 03/02/2017* **Cognitive Behavior Therapy for Insomnia (CBT-I)**, Webinar presented by Joel Becker, Ph.D., Cognitive Behavior Therapy Institute.
- 10/23/2016* **Eros, Embodiment, and Gender: Transgender and Gender Non-Conforming Sexualities**, Presented by Los Angeles Gender Center, Culver City, California.