

Curriculum Vita
Alejandra Torrero, Psy.D.

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Education

Clinical Psychology, PsyD. (July 2021)

California School of Professional Psychology at Alliant International University, San Diego

Dissertation: *The Impact of Acculturation of Latinos on PAI Profiles*

Committee Chair: Ronald Stolberg, Ph.D.

Clinical Psychology, M.A. (May 2019)

California School of Professional Psychology at Alliant International University, San Diego

Psychology, B.A. (June 2013)

University of California, Santa Cruz

Field Study: Tutoring Latinx High School Students at-risk of gang recruitment

Capstone Project: The Importance of Teaching Culture of Origin to High School Students

History, B.A. (June 2013)

University of California, Santa Cruz

Santa Cruz, CA

Clinical Experience

2022 -
Present

Psychological Assistance # 94027073

Cognitive Behavior Associates, Beverly Hills, CA

Supervisor: Greg Stanford, PsyD

- Setting: Private practice
- Role and responsibilities: Provide evidence-based individual therapy for adults with a variety of mental health concerns.

2021 -
2022

Post-Doctoral Fellowship

UCLA, Counseling and Psychological Services, Los Angeles, CA

Training Director: Tanya Brown, Ph.D.

Clinical Supervisors: Tanya Brown, Ph.D., Elizabeth Hernandez, Ph.D.,
Kathleen Lambird, Ph.D.

Assessment Supervisor: Kristopher Ian Mathis, Ph.D.

Supervision Supervisor: Kei Takahashi, Psy.D.

Group Therapy Supervisors: Shannen Vong, Psy.D., Tara Tehrani, Psy.D.,

Charlie Champion, Ph.D., Shuchang Kang, Ph.D., Lola Martin, Psy.D.

- Setting: University college counseling center, providing brief, short-term individual therapy services, group therapy, ADHD evaluation, and triage.
- Role and responsibilities:
 - Worked as a post-doctoral fellow (40 hours per week) and managed an 80-person caseload during the 2021-2022 academic year.
 - Provided individual, short-term, intermittent in-person and telehealth services (utilized varying theoretical orientations)
 - Co-facilitated group therapy (including Gender Identity Spectrum, Disordered Eating, and Managing Emotions through Skills)
 - Conducted weekly intakes (3-4 per week) including urgent and emergent same-day walk-in/telehealth appointments
 - Participated in a triage rotation, managing walk-ins/telehealth cases, and assigning appropriate clinical care at CAPS or referrals into the community
 - Supervised a practicum level student for the academic year
 - Signed-up for outreach opportunities to connect with underserved populations and provided mental health resources
- Supervision: Attended weekly supervision spaces including individual supervision with two separate licensed doctoral clinicians, each with a specialty in Ethics/Legal dilemmas and Multicultural emphasis (1 hour each per week), group supervision with the Clinical Training Director (2 hours per week), Supervision of Supervision with the Assistant Clinical Training Director (2 hours per week), and ADHD Supervision (1 hour per week).
- Additional experience:
 - Managed emergent caseloads including organizing transfer of care for hospitalization or higher-level treatment (including intensive outpatient hospitalization) based on risk and acuity needs.
 - Presented on Trans, Non-binary, and Gender nonconforming identity in multicultural seminar to internship cohort

2020 -
2021

Pre-Doctoral Internship

Montana State University, Bozeman, MT

Training Director: Cheryl Blank, Ph.D.

Clinical Supervisors: Cheryl Blank, Ph.D., John Siefke, Ph.D., Mariah Hill, Ph.D.,
Brian Kassar, Psy.D.

- Setting: University college counseling center, provided individual short-term services, group counseling, crisis counseling, and conducted intakes.
- Role and responsibilities:
 - Worked as a pre-doctoral intern (40 hours per week) with interdisciplinary team (University Health Partners including nurses and physicians, social workers, marriage and family therapists, and other campus partners) at Counseling and Psychological Services (CPS).
 - Provided individual short-term services (utilized varying theoretical orientations) (caseload: 22-25 per semester), group counseling (weekly, lead and co-facilitated Mindfulness Skills Group), conducted intakes (3-4 per week), and engaged in 1-2 crisis counseling sessions per week.
 - Participated and presented in weekly seminars including Diversity, Assessment, Professional Development, Supervision of Supervision, and (modality) Trainings.
 - Participated in weekly staff meetings, clinical consultations, and monthly (interdisciplinary) case conferences.
- Supervision: Attended weekly supervision spaces including individual supervision (2 hours per week), group supervision (2 hours per week), and supervision of supervision (2 hours per week).
- Additional experience:
 - Weekly outreach opportunities working with varying student bodies such as Nursing School Students, American Indian/Alaska Native Student Success Program, Office of International Programs, Fuerza Latinx, TRIO Student Support Services (focus is on

retention and graduation of low-SES income students), Diversity and Inclusion Student Commons, EMPOWER (inclusion and success of underrepresented minorities and women in STEM), and more.

- Trained in Crisis Management/CALM, Ethics and Montana Laws, Group Therapy, Campus Support Teams, Safe Zone (1-3), ACT, Dream Work, Internal Family Systems, Sexual Identity and Erotic Transference, Sports Psychology, and Psychotropic Medications.

2019 -
2020

Practicum Student (Third Year)

Sharp Mesa Vista Hospital, San Diego, CA

Training Director and Clinical Supervisor: Lynn Northrop, Ph.D., ABPP

Assessment Supervisor: Mary Beth Bryan, Psy.D.

- Setting: 24-bed, locked geropsychiatric inpatient program for older adults with psychiatric and neurocognitive disorders.
- Role and responsibilities:
 - Worked as a Practicum Student (24-26 hours per week) with interdisciplinary team (i.e. nurses, mental health assistants, and psychiatrists) on the Senior Behavioral Unit.
 - Provided individual short-term psychotherapy. Primary theoretical orientation used: ACT, secondary theoretical orientations included: CBT, Motivational Interviewing, and Brief Psychodynamic Therapy.
 - Facilitated daily morning and afternoon groups that covered a broad range of topics (e.g., Activities of Daily Living, Music Jeopardy, Healthy Relationships, Communication Styles, DBT/CBT skills, etc.), including CBT and ACT interventions, mindfulness, and process groups.
 - Regularly administered of cognitive screeners, mood and anxiety measures (PHQ-9 and GAD-7) followed by comprehensive report and presentation/debrief with nursing staff and physician review.
- Supervision: Attended weekly supervision space with Licensed Psychologists in individual (1 hour) and group settings (1 hour), as well as on-going, on-unit supervision from Intern Psychology Student (1 hour), plus weekly assessment supervision (1 hour)
- Additional experience:
 - Sought opportunities to administer screeners, full or partial comprehensive assessments under the supervision of licenses and/or psychology interns on other hospital units (i.e., Intensive Outpatient Program for Seniors, Adult Partial Hospitalization Program, Outpatient Substance Abuse Treatment).
 - Attended bi-monthly assessment trainings on trauma and neurocognition
 - Administration experience during COVID-19 (e.g., program development with interdisciplinary teams working with senior patients with neurocognitive disorders, enhancing safety measures for nursing staff, recreational staff, spiritual staff, and psychology staff on-unit).

2018 -
2019

Practicum Student (Second Year)

Veteran Village of San Diego, San Diego, CA

Training Director and Clinical Supervisor: Marilyn Cornell, LMFT

Assessment Supervisor: Katherine DiFrancesca, Ph.D.

- Setting: Residential rehabilitation (substance and alcohol use) home for houseless military veterans, ages 18+; all discharge status accepted.
- Role and responsibilities:

- Worked as a Practicum Student (20 hours per week) with interdisciplinary team (e.g., social workers, LCPCs, health practitioners).
- Provided long-term psychotherapy with 5+ clients (5-7 hours a week), quarterly battery-assessment, and 2 group therapies (Mindfulness and Senior Veterans Process Group).
- Conducted intake interviews, summary write-ups, daily clinical progress notes, and clinical interviews for 3 battery assessments.
- Lead facilitator for bi-weekly “Morning Mindfulness” group, focusing on psychoeducation, and co-facilitate weekly Senior Veterans process group.
- Supervision: Attended weekly supervision space with both Licensed Allied Health Professionals and Licensed Psychologist in individual, group, and assessment supervision.
- Additional experience:
 - Provided intake and therapy services at VVSD Temporary Home/City Tent on a bi-monthly basis, 2-hour visits.

2017 -
2018

Practicum Student (First Year)

Community Research Foundation, Jary Barreto Crisis Center, San Diego, CA
Training Director and Clinical Supervisor: Polina Bryson, Ph.D.

- Setting: Short-term acute residential treatment facility for psychiatric and dual diagnosis; ages 18+; with and without insurance
- Role and responsibilities:
 - Worked as a Practicum Student (10 hours per week) with interdisciplinary team (e.g., social workers, medical staff, and licensed psychologists).
 - Interacted with clients in the milieu, supported clients and staff throughout treatment management, shadowed individual counseling session with licensed staff member.
 - Provided co-supervision during group therapy and community meetings, 3 days/week.
 - Assisted with client discharge (e.g., paperwork, reviewed living quarters, provided client outreach pamphlets).
- Supervision: Weekly supervision with Clinical training director and Facility director; reviewed cases and presented mock progress notes.

Leadership Experience

2019 -
2021

Students of Color and International Student Support Group

Alliant International University, San Diego, CA

Group leaders and organizers: Julii Green, Ph.D., and Jan Estrellado, Ph.D.

- Scheduled bi-semester check-ins with student group members to provide support for BIPOC-related needs in higher education and at practicum sites
- Co-navigated outreach via email for support/transition to remote
- Invited to lead pre- and post-2020 election debrief for group members and provided supportive therapy interventions

2018 -
2020

Cohort Representative

Alliant International University, San Diego, CA

Supervisor: Mojgan Khademi, Ph.D.

- Co-representative for incoming 2017 Clinical PsyD cohort (27 cohort members), at Alliant International University.
- Responsibilities:
 - Engaged with cohort members needs via 1:1, email, and phone to assist with an array of challenges and concerns (individual and systemic) faced at practicum sites, in-class, and with university.
 - Provided resources to students to address concerns directly and discussed concerns at staff meetings with faculty and clinical director of Clinical PsyD program.
 - Attended bi-yearly staff meetings to review program development and incorporate feedback from cohort.

2018 -
2019

G3 APA Reception

Alliant International University, San Diego, CA

Supervisor: Mojgan Khademi, Ph.D.

- Reception was to congratulate and give well-wishes to G3 students who were matched for APA internship sites.
- Co-coordinated G3 APA Reception. Responsible for decorations, setting-up, breaking-down and taking pictures during reception.
- Collaborated with G1 cohort representatives (incoming class of 2018).

2018

Fall Open House

Alliant International University, San Diego, CA

Supervisor: Jose Hernandez, MA

- Volunteered as a panel member for Fall Open House event, at San Diego AIU campus.
- Representative of Clinical PsyD program with an emphasis in Multiculturalism and Internationalism.
- Answered questions and comments from audience members related to graduate program and practicum experiences; 50+ prospective student attendees.

2018

G1 Orientation – Welcome Event

Alliant International University, San Diego, CA

Supervisor: Mojgan Khademi, Ph.D.

- Attended “Welcome Event” for incoming 2018 cohort (G1s) – event was an opportunity for new cohort members to meet current students and faculty/staff.
- Assisted with collection of photos and “Wisdom Quotes” passed down from incoming 2017 cohort group for a visual slide show.
- Gave a welcome speech, with co-representative, and answered incoming cohort questions regarding graduate program, practicum experiences, and shared tips for self-care and managing adjustment to program.

2018

Continuing Education (CE) Committee Member

Alliant International University, San Diego, CA

Supervisor: Matthew Porter, Ph.D.

- Committee is committed to sharing input from cohorts to encourage promotion of CEs on campus.
- Secured CE event in Fall 2018 on “Intellectual Assessments” with Darlene Sweetland, PhD.
- Facilitated survey and feedback from AIU students, communicated with presenters (via email and in-person), filed paperwork for internal CE credit, and created flyers for CE events.

2018

Prospective Faculty Interview

Alliant International University, San Diego, CA

Supervisor: Mojgan Khademi, Ph.D.

- Participated in interviewing prospective faculty member, Jennifer Staples, Ph.D., and Jan Estrellado, Ph.D., for an AIU-SD campus position.
- Forty-five-minute interview with prospective faculty member with other G2 cohort member.
- Collected and comprised feedback from other student interviewers and sent to Katherine Gutierrez (Academic Advisor for Clinical Psychology, PsyD program) for core faculty consideration.

2017

Prospective Student Interviews

Alliant International University, San Diego, CA

Supervisor: Mojgan Khademi, Ph.D.

- Assisted in interviewing multiple prospective Clinical Psychology students for half a day.
- Interacted with prospective students outside of interviews, during breaks and during luncheon.
- Students selected as interviewers were described by Dr. Khademi as “representing the program well.”

Teaching Experience

2019

Teaching Assistant

Alliant International University, San Diego, CA

Supervisor: Donald Viglione, Ph.D.

- Personality Assessment II (Projective) (PSY6504)
- Manage online class forum, upload weekly readings, documents, and PowerPoint slides.
- Grade in-class assignments and homework assignments.
- Provide additional support for students whom request additional support, outside of class and via email.

2019

Teaching Assistant

Alliant International University, San Diego, CA

Supervisor: Jan Estrellado, Ph.D.

- Multicultural Competency (PSY6129)
- Manage online class forum, research and upload weekly readings, and PowerPoint slides.
- Grade in-class assignments, homework and papers.
- Facilitate classroom discussion following in-class documentary viewing of “The Mask You Live In” and “Islamaphobia Killed My Brother”.

2019

Teaching Assistant

Alliant International University, San Diego, CA

Supervisor: Jan Estrellado, Ph.D.

- Social Basis of Behavior course (PSY6112)
- Managed online class forum, researched and uploaded weekly readings, and PowerPoint slides
- Held midterm and final review study sessions, created midterm and final exams

Attended classes regularly to observe student progress in activities and discussions.

2018

Teaching Assistant

Alliant International University, San Diego, CA

Supervisor: Jennifer Staples, Ph.D.

- Multicultural Competency Development course (PSY6129)
- Graded and provided feedback on discussion posts, journal entries, and homework assignments, including Service-Learning Project, Identity Reflection, Multicultural Case Conceptualization and Implicit Association Test Analysis.

2018

Teaching Assistant

Alliant International University, San Diego, CA

Supervisor: Ronald Stolberg, Ph.D.

- Personality Assessment I course (PSY6503)
- Tracked grading on reports, quizzes/exams, article reviews and in-class participation.
- Proctored out-of-class exams and met with students to review missed classes.
- Assisted with research collection and input.

2013 -
2015

Assistant Language Teacher

Japanese Exchange and Teaching Program (JET), Yamanashi, Japan

Supervisor: Chizuru Ishihara, Head of English Department

- Merged academics and US culture to improve English proficiency for ELLs at a technical high school level.
- Population included Japanese students, ages 14-17.
- Co-taught 21 classes a week, with 5-6 teachers from the English Department. Classes covered the following topics: reading, writing and speaking.
- Created and implemented semester projects, broken down into weekly in-class assignments and homework.
- Facilitated weekly English Club with 5-8 students, emphasizing exposure to English speaking countries, culture, and traditions.

Webinars Attended

2022

Semel Institute Grand Rounds: Recovery from Schizophrenia: The Trailblazing Work of Robert Liberman

Presenters: Steve Marder, M.D., and Alex Kopelowicz, M.D.

- List the various psychiatric rehabilitation techniques that improve functional outcomes in schizophrenia
- Understand the components of an integrated biobehavioral approach to assess and treat patients with schizophrenia
- Identify the full range of illness courses experienced by patients with schizophrenia and the predictors of recovery
- Provide an operational definition of recovery from psychiatric disability and describe the evidence-based treatments that facilitate recovery

2022

Semel Institute Grand Rounds: Brain Health Equity Research: Towards an Inclusive Science and Practice in Aging and Alzheimer's Disease

Presenter: Mirella Diaz-Santos, Ph.D.

- Explain the difference between brain health equity vs. brain health equality in research design and methodology
- Critique the current state of the science of recruitment and retention to increase representation of historically marginalized and minoritized communities
- Critique the available cognitive, behavioral, and functional measurements to ensure the inclusive data collection
- Utilize brain health equity in Alzheimer's disease research in Latino/a/x/e-Hispanic communities living in the United States

2022 **Semel Institute Grand Rounds: Circadian Basis of Sleep Disorder**

Presenter: Ketema Paul, Ph.D.

- Identify circadian-based sleep disorders
- Understand the molecular mechanisms that underlie sleep disorders
- Understand the influence of environment on genetically-driven sleep disorders

2022 **Semel Institute Grand Rounds: Finding Your Voice Through Writing in Medicine**

Presenter: Grace C. Huang, M.D.

- Naming personal barriers to writing
- Identifying opportunities to turn routine work into scholarship
- Describing 1 strategy to commit to in the next month

2022 **Semel Institute Grand Rounds: Neurobiology of Trauma and PTSD in Youth**

Presenter: Ryan Herringa, M.D., Ph.D.

- Review the incidence of trauma in youth and the cumulative impact of historical trauma
- Review the health consequences of trauma in youth
- Understand how trauma impacts neurodevelopment in youth towards resilience and vulnerability
- Review how treatment interventions may alter neurodevelopment for trauma-exposed youth

2022 **Semel Institute Grand Rounds: Psychedelic Medicine: Reckoning with the Next Wave of Research and Practice**

Presenter: Alexander Belser, Ph.D.

- Summarize research regarding clinical efficiency of psychedelic treatment
- Described central theoretical tenants of psychedelic-assisted psychotherapy and divergent approaches
- Articulate major controversies in the field regarding mechanisms of action, mystical effects, theoretical approaches, super placebo, required credentials and training, and experiential training for clinicians

2022 **Semel Institute Grand Rounds: The Potential for Precision in Mental Health**

Presenter: Scott Fears, MD, Ph.D.

- Distinguish levels of objective measures for mental health patients
- Identify emerging roles for measurement-based care in clinical practices
- Understand future role of integrated data analysis for clinical-decision support system

2022 **Semel Institute Grand Rounds: HEAD TALKS, Psychiatry Resident Presentations**

Presenters: Alex Cohn, Tiana Raphel, Ashely Hite, and Ann Crawford-Roberts

- Playing Possum: On the Evolutionary Basis of Catatonia
 - Understand the phenomena of “apparent death” in non-human species, particularly opossum
- Re-imagining Freud: How Personal Identity Ties into Psychiatric Innovation
 - Critically evaluate how personal background affects work as psychiatrics
- The Truth Behind Vaping: Its Impacts on Adolescent Mental Health
 - Be able to effectively educate patients and parents on the dangers of vaping on the developing brain
- Grief in the COVID-19 Pandemic
 - Apply complicated grief and disenfranchised grief in the COVID pandemic

2021

Addiction Consult Service Training

Presenters: Steven Shoptaw, Ph.D., Joy Chudzynski, PsyD., and Timothy Fong, MD

- Day 1 Objectives: Screening for Substance Use Disorders in the CAPS Environment
 - Definitions (Substance Use vs. Misuse Vs. Addiction)
 - Tour the substances
 - Self-report
 - Biomarkers
 - Population considerations (including comorbidities)
- Day 2 Objectives: Screening, Brief Intervention and Referral to Treatment
 - Increase knowledge of screening and brief intervention concepts and techniques
 - Review Screening Steps (Pre-screen vs. Full Screen, and Alcohol vs. Drugs)
 - Brief Intervention Techniques
- Day 3 Objectives: Addictions Training for CAPS and ASHE: Medications for Addictive Disorders
 - Describe indications and use of medications for addictive disorders within the CAPS environment
 - List medication strategies that treat comorbid psychiatric and substance use disorders
 - Describe the importance of collaborative care for treating addiction

2021

Therapeutic Supervision Essentials

Presenter: Rick Williamson, Ph.D.

- Addressed the psychological toll associated with the provision of care in populations impacted by trauma
- Emphasis on the role of competency-based supervision and highly engaged clinical practices
- Objectives of Day 1:
 - Identify deleterious effects of trauma work on clinicians and supervisors
 - Discuss how competency-based supervision protects against the deleterious effects of trauma work
 - Identify two dimensions of therapist self-care and discuss how they protect therapist
- Objectives of Day 2:
 - List the 5 skill domains of the Components for Enhancing Clinician Engagement and Reducing Trauma approach
 - Identify ways to address and help transform the psychological hazards in supervisees
 - Describe ways that trauma dynamics can present in themselves and identify ways to develop capacity to provide effective supervision over time

2021 **Legal and Ethical Issues Within a New Era of College Mental Health: Telehealth, Documentation, and Equity, Diversity, and Inclusion**

Presenter: Daniel Taube, Ph.D.

- An organized, coherent overview of recent ethical, regulatory, and other legal changes that affect psychological practices in a professional practice with an emphasis on telehealth and transition to remote work.

2018 **The Power of Emotionally Focused Therapy in Healing and Restoring Loving Bonds**

Presenter: Scott R. Woolley, Ph.D.

- Introduction to empirically supported therapy, Emotionally Focused Therapy (EFT), for treating couple distress.
- Revision of studies that have demonstrated effectiveness of EFT; emphasis on change in attachment styles and brain's response to threat.
- General guide, specific steps and interventions used by therapists; corrective emotional experience.
- Basic understanding of how loving bonds form, development of couple distress, and how to use EFT to heal distress and create strong, loving bonds.

2018 **My Personal Journey from Creating Evil to Now Inspiring Heroism**

Presenters: Phil Zimbardo, Ph.D, Professor Emeritus Stanford University

- Review of the Stanford Prison Experiment, as well as an overview of understanding origins of evil on an individual, social and systemic level.
- Introduction to Dr. Zimbardo's vision on refocusing on inspiring and training youth to become every day heroes (via the Heroic Imagination Project).

2018 **From reflection to action: Systemic inequities affecting Black girls and what educators and clinicians can do**

Presenters: Sara Goodkind, PhD, MSW, an Associate Professor of Social Work, Sociology, and Gender, Sexuality, and Women's Studies at the University of Pittsburgh.

- Definition and understanding implicit biases on an individual level and systemic level.
- Systemic inequities affecting Black girls; specific inequities experienced by Black girls in Pittsburgh and Allegheny County.
- Understanding the effects of trauma in the lives of many system-involved girls and adopting a trauma-informed care approach
- Information on local and national advocacy efforts and organizations for those who wish to contribute to systemic and policy change

2018

Enhanced EPPP

Presenters: ASPPB CEO Stephen DeMers, Ed.D., Emil Rodolfa, Ph.D. and ASPPB COO Carol Webb, Ph.D., ABPP.

- Overview of EPPP Parts 1 (Skills) and 2 (Competence), emphasizing Part 2 (Competence).
- Reviewed reasoning for implementation, breakdown of test and scoring, price for licensure, and advice for test preparation and planning for students.

2017

Therapy with Interracial Couples: Research, Practice and Training

Presenters: Alexander L. Hsieh, PhD, and Gita Seshadri, PhD

- Overview on the value of research and training for working with interracial couples.
- Strategies and tips in addressing pertinent issues specific to these populations, such as multicultural education and approaches

2017

Black Lives Matter Movement: Considerations for Psychology Students and Faculty

Presenters: Harriet Curtis-Boles, Ph.D., Michael Connor, Ph.D., and Julii Green, Ph.D.

- An introduction to the history and context of the Black Lives Matter movement
- Discussion included change in educational approach to psychology students to include historical dysfunction of systemic forces and oppression in the US.
- Strategies and tips in addressing social/global issues and how to engage in and participate in other social justice activities.

Continuing Education

2022

Spousal Abuse Assessment and Reporting

CE4Less Online

Author: Teresa Crow, Ph.D., LICSW

2021

Child Abuse Assessment and Reporting in California

CE4Less Online

Author: Teresa Crow, Ph.D., LICSW

Suicide: Assessment, Treatment, and Management

CE4Less Online

Authors: Hilary DeShong, Ph.D., and Heidi Dalzell, Ph.D.

Human Sexuality

CE4Less Online

Author: Heidi Dalzell, Psy.D.

Aging and Long-Term Care

CE4Less Online

Author: Jassin M. Jouria, M.D.

2020

APA Emerging Leadership Academy Fall Series

APA Online Series

Presenters: Sandra Shullman, Ph.D., Helen L. Coons, Ph.D., ABPP, Scott Tannenbaum, Ph.D., Eduardo Salas, Ph.D., Zeeshan Ahmad Butt, Ph.D., Michelle Laino, CPA, Deputy CFO

Supporting Transgender and Gender Nonconforming Series

Alliant International University, San Diego, CA

Presenter: Jennifer Staples, Ph.D.

Telepsychology Best Practices: Segment 1-3

APA Online Series

Presenter: Marlene M. Maheu, Ph.D.

APA Member Town Hall: Listening to you about the Ongoing ‘Racism Pandemic’

APA Member Town Hall

Presenters: Sandra Shullman, Ph.D., Jennifer F. Kelly, Ph.D., ABPP, Rosie Phillips Davis, Ph.D., ABPP, Arthur Evans Jr., Ph.D.

2019

The Neuroscience of Mindfulness-Based Meditation: An Integration of Science and Practice

University of California, San Diego (UCSD), San Diego, CA

Presenter: Fadel Zeidan, Ph.D.

2018

Safe Space

Alliant International University, San Diego, CA

Introduction to Achievement Testing with the WIAT

Alliant International University, San Diego, CA

Presenter: Darlene Sweetland, Ph.D.

Bridging Multicultural Theory, Research, and Clinical Practice

Alliant International University, San Diego, CA

Presenter: Jan Estrellado, Ph.D.

UCSD Mindfulness-Based Stress Reduction (MBSR)

UC San Diego Center for Mindfulness, San Diego, CA

Presenter: Noriko Morita, and Jennifer A. Miller, Psy.D.

Minority Stress

Alliant International University, San Diego, CA

Presenter: Jennifer Staples, Ph.D.

2017

Group Therapy Training Workshop

Alliant International University, San Diego, CA

Presenters: Dr. Sue Benjestorf, Dr. Kelsey Bradshaw, Dr. Polina Bryson, Dr. Toni Cafaro, Dr. Marty Cary, Dr. Ca-Lie Cheng-Wang, Dr. Ken Dellefield, Dr. Victor Frazao, Dr. Andrea Karp, Dr. Walter Litwin, Dr. Jon Nachison, Dr. Patty Petterson, Dr. Bruce Sachs, Dr. Ian Schere, Dr. Richard Schere, Dr. Taeko Uchino-Dicarlo

College Violence Prevention

Alliant International University, San Diego, CA

Presenters: Dr. James N. Madero

Poster Presentations

2019 **Torrero, A.,** Staples, J., Mahr, C., Sparks, P., & Lindsay, K. *The nuance of gender identity and pride.* The Transgender Spectrum Conference. St. Louis, Missouri.

Professional Affiliations

2022 - **Association for Behavioral and Cognitive Therapies (ABCT)**
Present

2019 - **Association for Contextual Behavioral Science**
Present

2020 - **APA Division Affiliation:**
Present • Division 45, Society for the Psychological Study of Culture, Ethnicity, and Race

2019 - **APA Membership**
Present • Early Career Psychologist
APA Division Affiliation:
• Division 44, Society for the Psychology of Sexual Orientation and Gender Diversity

2017 - **APA Division Affiliation:**
Present • Division 35, Psychology of Women
• Division 52, International Psychology

Psychological Assessments/Screeners

- Trainings in: TSI-2, CAPS-5, CVLT-3, CPT-3, WAIS-IV, WISC-V, WIAT, IVA-2, MMPI-2, MMPI-2-RF, MMPI-A, MCMI-III, MACI, PAI, NEO-PRI, CCAPS-62 and CCAPS-34, BDI, BAI, MoCA (English and Spanish), TAT, Rorschach R-PAS, Figure Drawings, RISB-2 (Sentence Completion – Adult and Children), Bender
- Clinical experience: IVA-2, WAIS-IV, MMPI-2, MMPI-2-RF, MCMI-III, TSI-2, CCAPS-62, CCAPS-34, DAPS, BAI, BDI, Rorschach R-PAS, MoCA (English and Spanish), Sentence Completion - Adult