

Live Webinar*

Remembering the 'B' in 'CBT': Principles of Behaviorism

Friday, June 14, 2024

9:00AM - 10:30AM PDT

**A recording will be made available for those who can't attend live*

*Presented by Amanda Gorlick,
Ph.D.*

This program will focus on the conceptualization and application of the foundational behavioral principles and theories that underpin our evidence-based treatments that we practice today. This program will include a discussion of theory, current literature, specific behavioral principles, as well as considerations to inform clinical practice in a variety of clinical settings with diverse populations.



Webinar objectives:

1. Explain the theory that underlies the major behavioral principles.
2. Describe the major behavioral principles that modify behavior and their utilization in a variety of clinical settings.
3. Create treatment plans that incorporate the major behavioral principles as well as the addition of creativity to allow for more tailored treatment plans.

[Link to sign up for webinar](#)

About Presenter:

Dr. Amanda Gorlick is a licensed clinical psychologist at Cognitive Behavior Associates. She provides evidence-based treatments to adults with a variety of presenting concerns. Dr. Gorlick is also an adjunct faculty at Pepperdine University Graduate School of Education and Psychology where she teaches graduate students in psychology on the topics of learning theory, behavioral principles, and evidence-based practices. Dr. Gorlick is passionate about sharing her knowledge to both mental health and non-mental health professional audiences through the development and delivery of tailored speaking engagements, lectures, trainings, and consultations.

1.5 CE credits provided

Cognitive Behavior Therapy Institute (CBTI) is approved by the American Psychological Association to sponsor continuing education for psychologists. CBTI maintains responsibility for this program and its content.
Joel L. Becker, Ph.D., Founder and Director